

LONDONDERRY ON THE TRED AVON ACTIVITIES CALENDAR



Room Code

- A = Activity room
- CH - Club House
- CR - Craft Room
- L = Living room
- Lib = Library
- SR = Sun room
- Apt L = Apartment L

“The best thing to hold onto in life is each other.”
~Audrey Hepburn

1
10:00 Coffee w/ the
Guys-CH
11:00 Shopping Bus
1:00 Dup. Bridge -A
5:30 Bubbles -SR

Judith Krhounek

Groundhog Day **2**
Super Bowl Sunday

10:00 Church Bus
11:00—2:00 Brunch
1:30 Hand & Foot-Lib
6:30 Super Bowl-L



3

9:00 Strong & Steady-A
10:00 AM Workout CH
10:00 Bridge Apt L-2
11:00 Joy of Music-L
1:00 Chess Group-Lib
1:00 Cribbage -Apt. L-1
1:30 Mahjongg Apt L-2
2:00 Balance- CH
2:00 Mahjong Class-A
2:30 Piano w/ Ray Hobbs
5:30 Bubbles -SR
6:30 Mahjong -Lib
7:30 Poker-SR

4

9:00 Strong & Steady-A
10:00 Resident Pool -MH
1:00 Mahjongg -Apt L-1
1:00 Rummikub -SR
1:30 Staff Meeting-DR
5:30 Bubbles -SR
6:00 Bridge Fun -Lib

5

9:00 Strong & Steady A
9:15 Toby Dinner Theater Trip
10:00 AM Workout -CH
11:00 Shopping Bus
1:00 Memoir Writers-Lib
1:30 Harmonica Class—A
2:00 Ukulele -A
7:15 Bingo-A

George Ann Nilles

6

9:00 Strong & Steady-A
10:00 Resident Pool-MH
10:00 AM Workout-CH
10:30 Bridge-Apt L-2
11:00 Jammers-CH
1:00 Cribbage-Apt L-1
1:30 Eucharist -A
2:00 Balance -CH
3:30 Ted Talk -L
5:30 Bubbles—SR
6:30 Mahjong—Lib



7

9:00 Strong & Steady A
10:00 Activity Advisory-CH
10:30 Friday Bridge A
10:30 Bridge-Apt-L-2
1:30 Hand & Foot-Lib
2:00 Chair Yoga-CH
5:30 Bubbles-SR

8

10:00 Coffee w/ the
Guys-CH
11:00 Shopping Bus
1:00 Dup. Bridge -A
5:30 Bubbles -SR

Jean Brown

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9</p> <p>10:00 Church Bus 11:00—2:00 Brunch 1:30 Hand & Foot-L</p> <p>Nancy Burns</p>	<p>10</p> <p>9:00 Strong & Steady - A 10:00 AM Workout - CH 10:00 Bridge Apt L-2 10:45 Trip to Kiln Born & Lunch 11:00 Joy of Music 1:00 Cribbage –Apt. L-1 1:00 Focus Group-CH Chess-Lib 1:30 Mahjongg Apt L-2 2:00 Balance CH 2:00 Mahjong Class-A 3:30 Documentaries– Evolution of the Human Mind-L 4:30 Dementia Support Group-CR 5:30 Bubbles –SR 6:30 Mah Jong-LB 7:30 Poker-SR</p>	<p>11</p> <p>8:30 Men’s Breakfast 9:00 Strong & Steady-A ¹⁶ 10:00 Chocolate Making-A 10:00 Resident Pool –MH 1:00 Phyllis Book Club-A 1:00 Mahjongg Apt L-1 1:00 Rummikub –SR 2:00 Dining Advisory-DR 3:00 Resident Meeting-CH 5:30 Bubbles –SR 6:00 Bridge Fun- Lib</p> <p>Carolyn Ilgenfritz</p>	<p>12</p> <p>9:00 Strong & Steady –Lib 10:00 AM Workout– CH 11:00 Shopping Bus 11:00 Book Club-Lib 1:30 Harmonica Class-CR 2:00 Ukulele-CR 5:30 Bubbles -SR</p>	<p>13</p> <p>9:00 Strong & Steady-Lib 10:00 Resident Pool –MH 10:00 AM Workout -CH 10:30 Bridge Apt L-2 11:00 Jammers-CH 1:00 Cribbage-Apt L-1 1:30 Eucharist-L 2:00 Balance-CH 3:00 Quiz time-L 5:00 Trip-Ted Avon Players 5:30 Bubbles –SR 6:30 Mahjongg—Lib</p>	<p>14</p> <p>Valentine’s Day</p> <p>9:00 Strong & Steady-Lib 10:30 Friday Bridge-Lib 10:30 Bridge-Apt-L-2 11:00 Short Story Study-CH 1:30 Hand & Foot-Lib 2:00 Chair Yoga-CH</p> <p>Valentine’s Day Dinner 4:30-7 (one seating) Piano Music by Ray</p> 	<p>15</p> <p>10:00 Coffee w/ the Guys-CH 11:00 Shopping Bus 1:00 Dup. Bridge -A 5:30 Bubbles –SR</p>
<p>16</p> <p>10:00 Church Bus 11:00—2:00 Brunch 1:30 Hand & Foot-L</p>	<p>17</p> <p>Presidents’ Day-Offices Closed</p> <p>9:00 Strong & Steady - A 10:00 NO AM Workout-CH 10:00 Bridge Apt L-2 11:00 Joy of Music-L  1:00 Chess Group-Lib 1:00 Cribbage –Apt. L-1 1:00 Knit Witches-SR 1:30 Mahjongg Apt L-2 2:00 Mahjong Class-A 2:00 Balance- CH 3:30 Wine Tasting-Lib 5:30 Bubbles –SR 6:30 Mah Jong-LB 7:30 Poker-SR</p> <p>Peg & Don Walbert</p>	<p>18</p> <p>9:00 Strong & Steady-A 10:00 Resident Pool –MH 1:00 Mahjongg Apt L-1 1:00 Rummikub –SR 3:30 Veterans Meeting-A 5:30 Bubbles –SR 6:00 Bridge Fun- Lib</p>	<p>19</p> <p>9:00 Strong & Steady –A 10:00 AM Workout– CH 11:00 Shopping Bus 1:00 Memoir Writers-Lib 1:30 Harmonica Class-A 2:00 Ukulele-A 3:00 Welcome Party-CH 5:30 Bubbles -SR 7:15 Bingo-A</p>	<p>20</p> <p>9:00 Strong & Steady-A 10:00 Resident Pool-MH 10:00 AM Workout-CH 10:30 Bridge-Apt L-2 11:00 Jammers-CH 1:00 Cribbage-Apt L-1 1:30 Eucharist -A 2:00 Balance -CH 3:30 Ted Talk--L 4:30 Wine with Dinner-DR 5:30 Bubbles—SR 6:30 Mahjong—Lib</p> <p>Cal Sanders</p>	<p>21</p> <p>9:00 Strong & Steady A 10:00 Activity Advisory-CH 10:30 Friday Bridge A 10:30 Bridge-Apt-L-2 1:30 Hand & Foot-Lib 2:00 Chair Yoga-CH 5:30 Bubbles-SR</p>	<p>22</p> <p>10:00 Coffee w/ the Guys-CH 11:00 Shopping Bus 1:00 Dup. Bridge -A 5:30 Bubbles –SR</p>
<p>23</p> <p>10:00 Church Bus 11:00—2:00 Brunch 1:30 Hand & Foot-L</p>	<p>24</p> <p>9:00 Strong & Steady-A 9:00 Resident Board-CH 10:00 AM Workout CH 10:00 Bridge Apt L-2 11:00 Joy of Music-L 11:30 Women’s Lunch-Frix’s 1:00 Chess Group-Lib 1:00 Cribbage –Apt. L-1 1:30 Mahjongg Apt L-2 2:00 Balance CH 2:00 Mahjong Class-A 3:00 Wellness w/ Lorraine-CH 5:30 Bubbles –SR 6:30 Mahjong –Lib 7:30 Poker-SR</p>	<p>25</p> <p>9:00 Strong & Steady-A 10:00 Resident Pool –MH 1:00 Mahjongg Apt L-1 1:00 Rummikub –SR 3:00 Presidential Libraries Presentation w/ Susan-CH 6:00 Bridge Fun- Lib</p>	<p>26</p> <p>Ash Wednesday</p> <p>9:00 Strong & Steady –A 10:00 AM Workout– CH 11:00 Shopping Bus 1:30 Harmonica Class-A 2:00 Ukulele-A 4:00 Board Meeting-A 5:30 Bubbles -SR</p>	<p>27</p> <p>9:00 Strong & Steady-A 10:00 Resident Pool-MH 10:00 AM Workout-CH 10:30 Bridge-Apt L-2 11:00 Jammers-CH 1:00 Cribbage-Apt L-1 1:30 Eucharist -A 2:00 Balance -CH 5:30 Bubbles—SR 6:30 Mahjong—Lib</p>	<p>28</p> <p>9:00 Strong & Steady-Lib 10:30 Friday Bridge-Lib 10:30 Bridge-Apt-L-2 11:00 Short Story Study-CH 1:30 Hand & Foot-Lib 2:00 Chair Yoga-CH 5:30 Bubbles-SR</p> <p>Sheila Wheeler</p>	<p>29</p> <p>10:00 Coffee w/ the Guys-CH 11:00 Shopping Bus 1:00 Dup. Bridge -A 5:30 Bubbles –SR 7:30 Saturday Social-SR</p>